

# Commandments of Chorus

## Negatives

1. Thou shalt not present thyself smelly on the risers (no foul odors from any orifice of thy body – mouth, nether regions, armpits, perfumes, clothing, etc.) Practice good personal hygiene.
2. Thou shalt not procrastinate (learning music, musical plan, choreo, doing required tapings, fulfilling agreed upon responsibilities on teams, being ready for performances & competition).
3. Thou shalt not imbibe pina coladas, pinot grigios, pinot noirs, nor any other alcoholic beverages before rehearsals, performances, competing.
4. Thou shalt not puff thyself up with conceit over other chorus members or competitors. Practice humility and graciousness.
5. Thou shalt not parley with thy partners on the risers. Keep thy mouth still and focused on the directors, coaches or anyone who has the floor for speaking.
6. Thou shalt not perform with poor posture.
7. Thou shalt not push thy voice beyond pretty.
8. Thou shalt not promote negativity or nastiness.
9. Thou shalt not a petulant prima donna be.
10. Thou shalt not present thyself publicly as a poor reflection on the chorus

## Positives

1. Thou shall maintain a positive mental attitude.
2. Thou shall practice good vocal production.
3. Thou shall own thy power in a positive healthy way
4. Thou shall perform at all times on the risers.
5. Thou shall exude professionalism when representing the chorus.
6. Thou shall pursue steady progress in your learning and growth.
7. Thou shall pursue the prize enthusiastically.
8. Thou shall be punctual for rehearsals, performances, competition, team meetings.
9. Thou shall practice, practice, practice until the performance is second nature like breathing.
10. Thou shall perservere and not give up when faced with challenges. Ask for the help you need.